

WEIGHT WATCHERS AT WORK PROGRAM

Starting March 9 on the WNY

REGISTRATION & START DATE: Tuesday, March 9

- The Weight Watcher Leader will be on-hand to present the program, answer questions, and take registration.
- The Weight Watchers at Work program will meet every consecutive Tuesday for 12 weeks

MEETING Day & TIME: Tuesdays from 11:30 am – 12:30 pm

LOCATION: WNY Bldg 200 Ground Floor - Capitol Learning Center

- In Room 109 for the initial registration and meeting
- In Room 102 for all other meetings (March 16th- June)

FEE: Fee will be collected at Registration (Visa, MasterCard, Checks accepted) – call (202) 433-6423 for information on cost.

Any further questions can be addressed to the
Fitness/Wellness Director
At
(202) 433-6423